

SELL REFLECTION TEST (COPIED Author UNKNOWN)

What are you naturally curious about?

Comments

Your answer to this question gives you an indication what are the different topics where your passion may lie. You may find here clues about a suitable profession for you or a field you want to work on. Often what we naturally do we enjoy the most.

What would you change about the world?

Comments:

What makes you angry the most shows you in a way what you care about the most, what is close to your heart. It is unlikely that you are emotionally strongly moved by something you are not even slightly passionate about.

What would you love to do or accomplish before you die?

Comments:

The things you listed as answers not only give you an idea of your goals, but also your values - what is important to you and how you would like to live your life. See if you can spot any themes in your things to do list.

What would you do if could not fail?

Comments:

This question helped you to think without limitations. There is a good chance you wrote here things that you really want to do.

What would you do if you would not be limited by money?

Comments:

Similar to the last one, the question removed barriers from your thinking and brought out your inner desires. Remember that you might be able to earn money following your passion too.

What would you like to hear at your funeral?

Comments:

Your answer shows you what you value and how you would like to live your life, what is truly important to you.

What are the things you currently enjoy doing?

Comments:

Very straightforward - your passion may lie in one of those activities.

What were the activities or tasks you were doing when you felt most empowered?

Comments:

When you are passionate about some project or assignment, you feel energized, you don't get tired and you feel excited. Dormant forces, faculties and talents become alive and you discover yourself to be a greater person than you ever dreamed yourself to be. If you felt something like this when doing the tasks you listed, this might be it or at least you are close.

What would you most like to be acknowledged for so far in your life?

Comments:

You only take pride in things that matter to you. The question is if these things matter you the most?

If you had only one wish, what would it be?

Comments:

Now that you gave it some thought, try to think of at least 5 more people for whom you could make a wish, include strangers. After you have done this for a little while, see what trends you see. This will be at least very close to your purpose.

Whose life do you want to be living?

Comments:

If you did pick anyone, why did you choose these people? There is something about their achievements, lifestyle or other aspects of life that you find desirable. That's a hint.

What ideas are you most inspired by?

Comments:

If there is an idea that really inspires you, that could very well be your purpose.

With whom would you like to surround myself?

Comments:

You become who you drink coffee with. The kind of people you want to have around you tells you what kind of a person you want to be.

Do you take responsibility for what is happening to you?

Comments:

Only you can change your future and create the life you want to live, noone else. If you blame others and shift the responsibility away from you, you are looking for answers in a wrong place. If you said yes, congratulations.

Now that you have gone through this exercise, answered all the questions and read the answers once again - do you see patterns in your answers? Identify what are the common themes in your answers and you will find your passion and purpose in life.
